



MASS INTENTIONS

**Sat. 2/20**  
**4:00 pm** For George M. Thomas,  
 by Joseph and Claudise Yesbeck.

**Sun. 2/21** **Healing of the Hemorrhaging Woman**  
**11:00 am** For Joseph Sadak,  
 by Norman and Madeline Abood.

**Mon. 2/22** **Establishment of the Chair of Peter in Antioch**  
**12:00 noon** For Emilliene Pickard,  
 by Elie and Mela Attie.

**Tue. 2/23** **St. Polycarp of Smyrna**  
**12:00 noon** For Salibe Tartak and family,  
 by Antoinette Tartak.

**Wed. 2/24**  
**12:00 noon** For the intentions of  
 Steve Oliveira,  
 by Carol Rondeau,  
 Jeannette Ferguson,  
 and Christopher Saheed

**Thurs. 2/25**  
**10:00 am** **Adoration of the Blessed Sacrament before Mass**  
**12:00 noon** For Anthony Abraham.

**Fri. 2/26** **NO MASS**  
**7:30 pm** Stations of the Cross and  
 Benediction of the Cross

**Sat. 2/27**  
**4:00 pm** For George M. Thomas,  
 by Joseph and Claudise Yesbeck.

**Sun. 2/28** **Parable of the Prodigal Son**  
**11:00 am** For Bernadette Romano Aboujawde,  
 by the family.



All powerful and almighty Father, as your only-begotten Son healed the paralytic and the blind man, the hemorrhaging woman and the lame man, heal us and fill our souls with calm and peace, as your Son calmed the surging waves.

(Maronite Book of Offering)

**ADORATION OF THE BLESSED SACRAMENT**

**Thursday, February 25**

**10:00 am to 12:00 noon**

We invite you to come and spend some quiet time with the Lord.

**LENTEN DEVOTIONS**

Join us for the *Stations of the Cross* followed by the *Benediction of the Cross*, every Friday of Lent at 7:30 pm.

Remember, no meat on Fridays during Lent.

**SAVE THE DATE**

**PARISH HAFLI AND DINNER**

**Saturday, April 2, 2016**

This fundraising event is being organized by the Ladies' Guild and the Men's Club of the parish. More details will follow soon.

**PARISH FINANCES**

Collection - Feb. 13-14	\$1,133.00
Candles	\$ 106.00
Total	\$1,239.00
Donation	\$ 50.00



**LENT recalls the forty days of our Lord's fasting in the desert, which He undertook before entering into HIS public ministry. He fasted for forty days and forty nights, and afterwards he was hungry.**

### **LENTEN OBSERVANCES**

The Most Reverend Bishop Gregory Mansour has issued the following Lenten Guidelines for the Maronites of our Eparchy:

- All Maronites who are physically capable are to **abstain from meat** on all Fridays of Lent.
- Ash Monday (2/08) and the Great Friday of the Crucifixion (3/25) are also days of **fasting**.

Fasting in the Maronite Church involves eating and drinking nothing at all (except water and medicine) from midnight until noon. The rest of the day normal meals can be taken but without meat. All Maronites who are physically capable are to fast on these two days.

### **TRADITIONAL LENTEN DEVOTION**

Clergy, religious and laity who wish to observe the more traditional Maronite practice of fasting and abstinence are encouraged to do so.

This practice is summarized in the following, taken from the Synod of Mount Lebanon (1736):

Every weekday of Lent (*Monday through Friday*) is a day of fasting and abstinence from meat and dairy products (eggs, butter, milk, etc.).

Fasting involves eating and drinking nothing at all (except water and medicine) from midnight until noon.

The rest of the day normal meals can be taken but without meat or dairy products. Dairy products are excluded because they are animal byproducts.

Saturdays and Sundays are exempt from fasting and abstinence, as are the following days: **(Feb. 9)** Feast of Saint Maron, **(Mar. 9)** Feast of the 40 Martyrs, and **(Mar. 19)** Feast of St. Joseph.